

# **DEBORAH G. KABRANE, LPC #19231 NPI: 1841471398**

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## **The Health Insurance Portability and Accountability Act HIPPA Notice of Privacy Practices**

Deborah G. Kabrane, M.A., LPC respects the privacy of personal information and understands the importance of keeping this information confidential and secure. This Notice describes how I protect the confidentiality of the personal information I receive. My practices apply to current and former clients.

**This notice describes how health information about you may be used and disclosed and how you can get access to this information. Please review it carefully.**

### **Understanding Your Health Record/Information**

Each time you visit a hospital, physician, or other health care provider, a record of your visit is made. Typically, this record contains your symptoms, examination and test results, diagnosis, treatment, and a plan for future care or treatment. This information often referred to as your health and medical record often serves as a:

- Basis for planning your care and treatment
- Means of communication among the many health professionals who contribute to your care
- Legal document describing the care you received
- Means by which you or a third-party payer can verify that services billed were actually provided
- A tool in educating health professionals
- A source of data for medical research
- A source of information for public health officials charged with improving the health of the nation
- A source of data for facilitation, planning and marketing
- A tool with which I can assess and continually work to improve the care I render and the outcomes we achieve

### **Understanding what is in your record and how your health information is used helps you to:**

- Ensure its accuracy
- Better understand who, what, when, where, and why others may access your health information
- Make more informed decisions when authorizing disclosure to others

### **Your Health Information Rights**

Although your health record is the physical property of Deborah G. Kabrane, LPC, the information, with the exception of raw psychological test data, belongs to you.

- You may request restrictions on how your information will be used and disclosed for treatment, payment, and health care operations: Deborah G. Kabrane, LPC is not required to agree to the proposed restrictions.
- Deborah G. Kabrane, LPC must permit and accommodate reasonable requests for you to receive communications by alternative means or at an alternative location.
- You have a right to inspect and obtain a copy of your health record with very limited exceptions (as provided for in 45 CFR 164.524) by submitting a written, notarized request to Deborah G. Kabrane, LPC. Access or denial will be provided within 30 days.
- You may also request to have the information amended (as provided in 45 CFR 164.528). Deborah G. Kabrane, LPC may deny the request if the information is complete and accurate or was created by another entity.

## **DEBORAH G. KABRANE, LPC #19231**

### **HIPPA Notice of Privacy Practices**

- Upon request Deborah G. Kabrane, LPC must provide you a written accounting of all non-routine disclosures made without your consent for up to six years. The first list you request within a 12-month period will be free. Additional lists, we may charge you \$.25 per page.
- You may revoke your authorization to Deborah G. Kabrane, LPC to use discloses health information except to the extent that action has already been taken.

#### **Confidentiality of Alcohol and Drug Abuse Client Records**

The confidentiality of alcohol and drug abuse client records maintained by Deborah G. Kabrane, LPC is protected by federal law and regulations. Generally, your therapist may not say to a person outside the program that a client attends the program, or disclose any information identifying a client as an alcohol or drug abuser unless one of the following conditions is met:

- The disclosure is allowed by a court order
- The disclosure is made to medical personnel in a medical emergency or to qualified personnel for research (with your informed and signed consent), audit or program evaluation
- Violation of the federal law and regulations by a program is a crime. Suspected violations may be reported to appropriate authorities in accordance with federal regulations.

Federal law and regulations do not protect any information about a crime committed by a client either at the office of Deborah G. Kabrane, LPC or any person who threatens to commit a crime.

Federal law and regulations do not protect any information about suspected child abuse or neglect from being reported under State law to appropriate State or local authorities.

#### **Therapist's Responsibilities**

Deborah G. Kabrane, LPC is required to:

- Maintain the privacy of your health information
- Provide you with a written notice of the uses and disclosures of protected health information (PHI) and your rights and Deborah G. Kabrane's legal duties related to PHI
- Insure that the notice is provided on the first date of service delivery and posted at the site
- Maintain copies of notices and comply with requirements relating to revisions
- Except in emergencies, Deborah G. Kabrane, LPC must obtain written acknowledgement of receipt or document good faith effort and the reason acknowledgement was not obtained
- Abide by the terms of this notice
- Notify you if we are unable to agree to a requested restriction
- Accommodate reasonable requests you may have to communicate health information by alternative means or at alternative locations

I reserve the right to change my practices and to make the new provisions effective for all protected health information I maintain. Should my information practices change dramatically, I will mail a revised notice to the address you have supplied to me.

I will not disclose your health information without your authorization, except as described in this notice.

If you have questions and would like additional information, you may contact Deborah G. Kabrane, LPC (#19231), at 972-422-9194.

## **DEBORAH G. KABRANE, LPC #19231**

### **HIPPA Notice of Privacy Practices**

If you believe that your privacy rights have been violated, you can file a written complaint to the Texas State Board of Examiners of Professional Counselors at 1100 West 49<sup>th</sup> Street, Austin, Texas 78756-3183 or call the LPC Board office at 1-800-942-5540.

#### **Examples of Disclosures for Treatment, Payment, and Health Operations**

##### ***I will use or disclose your health information for payment.***

For example: A bill may be sent to you or a third-party payer. The information on or accompanying the bill may include information that identifies you, as well as your diagnosis, procedures, and supplies used.

##### ***I will use or disclose your health information when required or otherwise permitted by law in so far as the use or disclosure complies with and is limited to the relevant requirements of such law.***

For example: Deborah G. Kabrane, LPC is required to report child abuse and neglect to the authorities.

#### **Other Permitted or Required Uses and Disclosures**

***Communication with Family:*** Health professionals, using their best judgment, may disclose to a family member, other relative, close personal friend or any other person you identify, health information to that person's involvement in your care or payment related to your care.

***Marketing:*** I may contact you to provide guest speaker meetings or information about treatment activities or other health-related benefits and services that may be of interest to you. Any written marketing communication must be sent in an envelope showing only the address of the sender and recipient must include Deborah G. Kabrane, LPC's phone number. If you choose not to receive further communications, Deborah G. Kabrane, LPC must remove your name from the distribution list within five days.

***Workers Compensation:*** I may disclose health information to the extent authorized by and to the extent necessary to comply with laws relating to workers compensation or other similar programs established by law.

***Law Enforcement:*** I may disclose your health information under a special court order meeting the specific requirements of 42 CFR. A subpoena or routine court order is not sufficient for alcohol and drug abuse clients.

***Reporting a Crime:*** No authorization is required to report a crime (or threat of crime) on premises on or against Deborah G. Kabrane, LPC. Information is limited to circumstances, name and address, last known whereabouts and a physical description of the alleged perpetrator.

***Public Health:*** Information may be disclosed to report cause of death as required by law; report child abuse and neglect as required by law; and to medical personnel of the FDA who assert reason to believe the health of an individual may be threatened by error in manufacture, labeling, or sale of product, and that information will be used exclusively for notifying clients and physicians of potential dangers. These disclosures must be made in such a way that the individual is not identified as a substance abuse client.

***Regulatory Activities:*** Federal law makes provision for your health information to be released to an appropriate health oversight agency, public health authority or attorney, provided that a work force member or business associate believes in good faith that we have engaged in unlawful conduct or have otherwise violated professional or clinical standards and are potentially endangering one or more clients, workers, or the public.